



Capital Avenue
Glen Waverley, 3150

Phone: (03) 9803 5144
Facsimile: (03) 9803 4310

Email: highvale.sc@education.vic.gov.au

School Website: www.highvalesc.vic.edu.au



Highvale

Website

Please [click here](#) to view.

Reminder: Please ensure when communicating with our school to provide us with full student name, student ID number and the staff members name. This will assist our College in identifying and directing your query appropriately.

Newsletter No.3 — 4th March 2022

EXCELLENCE | INTEGRITY | RESILIENCE | RESPECT | RESPONSIBILITY



Important Dates

Monday 14th March 2022	Labour Day Public Holiday
Tuesday 15th March 2022 Wednesday 16th March 2022	Year 7A, 7B, 7C, 7D, 7I and 7K Camp 1
Thursday 17th March 2022 Friday 18th March 2022	Year 7E, 7F, 7G, 7H and 7J Camp 2
Wednesday 6th April 2022	Pupil Free Day Parent teacher interviews
Thursday 7th April 2022	Year 7 Immunisations
Friday 8th April 2022	Last day of Term 1
Tuesday 26th April 2022	First Day of Term 2



CAREER NEWS

Click the link – [18th February 2022](#)
[25th February 2022](#)



Uniform Shop 2022

Click [here](#)
for Uniform Order Form

See Compass newsfeed to
book appointment

Student Absence Reporting

Hotline

9803 5144

Press 1

Please call before 9am

Term Dates

2022

TERM 1: 31st January—8th April

TERM 2: 26th April—24th June

TERM 3: 11th July—16th September

TERM 4: 3rd October—20th December



Our mantra for 2022 - "getting back to normal school operations"

Retirement of Mrs Carr

I would like to congratulate Mrs Carr for the fantastic contribution that she has made to this school. Mrs Carr joined Highvale Secondary College in 2004 and has been part of our culture ever since.

She has worked tirelessly in such a broad range of initiatives, from debutant balls, VCE graduation evenings, Open days, orientation days, camps and excursions, Mt Buller Ski days, and not to mention overseas tours to cement positive relationships with sister schools in China and Fiji.

Mrs Carr has been reflective in her planning, meticulous in her organisation, and enlisted support by effectively listening and communicating with others. This obviously gave great shared ownership of whatever initiative she was leading.

We wish Mrs Carr every success in her future endeavours as a curriculum consultant for Education in Fiji and volunteers abroad in Papua New Guinea.



School Council

Nominations for parent representatives for school council have closed. There were three nominations and as such we will not need a ballot this year.

I would like to welcome Zari Mesforoushan, Rajan Pennadam and Norman Hsu to our council.

The first meeting of the new Council will be selecting the three community members. This will bring the Council membership to the 15 plus two student representatives.

School Tours

School tours for prospective students have now resumed. These are booked via the Trybooking [link](#) on our website. We have had strong interest and tours are all full for this term! Additional tour times will be posted soon. Parents of Year 6 students in primary schools will be receiving their enrolment packs at the start of term two from their primary schools. We are looking forward to managing the intake to around 220 students in Year 7 2023.

Online Naplan

All schools will be undertaking an online version of NAPLAN this year. NAPLAN will be for all students in Years 7 and 9.

The process for conducting these Online tests is quite involved and will cause some disruption to the school.

The VCAA are managing the processes and as such requires all computers to have installed a browser to ensure students undertaking the tests cannot refer to the internet. To action this requirement we will be using our school netbooks. Additional netbooks have had to be ordered so that we have enough supplies to cover for the usual, battery failure etc..

To ensure that the school can follow VCAA processes and that our internet bandwidth is sufficient we have to undertake a practice test.

This is scheduled for Wednesday 16 March 2022. 120 Year 9 students will be involved in period 4 focus group and a selection of Year 7 students not on camp will do a practice test during period 5. More details to follow.

VCE information night

A Senior sub school parent information night was held earlier this week. Recordings of the meeting have been posted on COMPASS.

Important future dates:

GAT	7 September 2022
Graduation dinner	21 October 2022
VCE VCAA Exams begin	26 October 2022
Year 10 and 11 exams	31 October – 11 November 2022
Headstart program	28 November—2 December 2022

Chris Mitchell Director of Music



Welcome Back!

I hope everyone had a restful summer break and that the school year has started off well. All new and continuing music students should have now had their first lesson or two, and almost all hire instruments are now ready for students.

Students, please remember to check Compass regularly for your lesson times. Lessons are not at the same time each week and sometimes even the day needs to change. Remember to contact your teacher as early as possible if you wish to swap your lesson time due to a test, sports day or excursion. Teachers will accommodate these requests when they can, but it may not always be possible as any changes also affects other students, and some teachers are only at Highvale one day per week.

Parents and guardians, if you need to contact your student's instrumental teacher, you can e-mail them via Compass.

Grand Piano

Just a reminder that if you contributed \$200 or more to the grand piano fundraiser, please ensure you have signed the acknowledgement keyboard print at the general office. I aim to get this framed and up in the theatre soon.

Ensembles

Most ensembles have now resumed for 2022. Junior Concert Band will begin this coming Monday. Rhythm Riders will also begin soon and Nouveau Strings will begin later this term. Ensemble sessions should appear in the student's Compass schedule.

		Monday	Tuesday	Wednesday	Thursday	Friday
Class Time		AT529 (Class Orchestra) – check your regular school timetable for sessions.^				
Before School (7.45am – 8.25am)	Theatre				Senior Vocal Ensemble*	
Lunch (1.10pm – 1.50pm)	Theatre	Rhythm Riders	Stick Tricks		Junior Vocal Ensemble*	Harmonix
	D2			Flute Ensemble*		
After School (3pm – 3.55pm)	Theatre	Junior Concert Band	Nouveau Strings	HSC Orchestra	Intermediate Concert Band	
	D2	Stage Band*	Intermediate Strings		Chamber Strings*	

^ AT529 is Semester 1 only. Students will be allocated to another ensemble for Semester 2.

* audition only group taken in addition to a core ensemble.

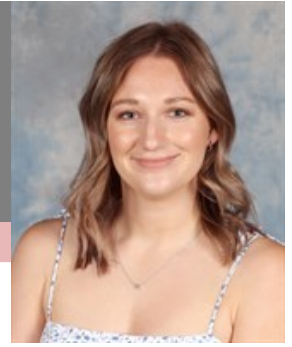
Twilight Tunes

Our first concert for the year will be 'Twilight Tunes' on Thursday March 31st. This concert will involve the AT529 Class Orchestra, Chamber Strings, and a number of small group and solo performances, including some of our VCE Music students.

This concert is also open to students who learn an instrument outside of Highvale. Such students can submit an expression of interest [here](#) by Friday 11th March. An audition will occur in the following weeks. Students who learn their instrument at the school **do not** need to complete the expression of interest and should instead speak with their instrumental teacher. Time constraints may impact how many performers can be accommodated.

This concert is planned to be outdoors in the lower courtyard; if the weather is poor, it will move indoors (likely to the gym). Audience tickets will be available to purchase soon through TryBooking – keep an eye on Compass for the link.

Abbie Dowsing Resilience Programs Coordinator



The Resilience Project Online Webinar for Parents

Over the past couple of years, young people in Australia have faced many disruptions and adversities that have challenged their resilience. At Highvale, we are trying to arm students with life skills to help deal with these challenges through our partnership with 'The Resilience Project'.

We run this program through years 7 and 8 within the Focus Group program but strongly urge students to practice these skills outside of the classroom setting.

On Wednesday 9th March at 6:30pm, Highvale parents will have the opportunity to attend an online webinar to learn more about this program. This webinar will be hosted by Hugh Van Cuylenburg who founded the program. Many of the teachers at Highvale have attended his seminars before and all find him to be an engaging and inspiring speaker.

To sign up, please follow this link: https://us02web.zoom.us/webinar/register/WN_BSZQ7j8bQ5qAA7dfV6PgHQ

****Upon registration, registrants will receive a link to attend the webinar, along with a reminder the day prior.**

Please note that the webinar will include parents from our Partnership Schools.

Attached is a flyer with some information about the program: <https://theresilienceproject.com.au/about/>

"The Resilience Project delivers emotionally engaging programs to schools, sports clubs and businesses and provide them with evidence based, practical strategies to build resilience and happiness."

Parent & Community Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.



Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM)**.

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

Morrisby Profile Information for Parents



INFO SHEET

My Career Insights is a program for all Year 9 students in government secondary schools. As part of this program students sit the Morrisby Profile Careers Assessment.

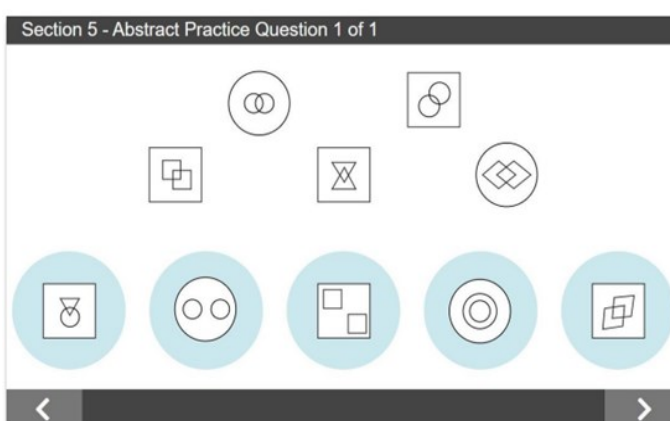
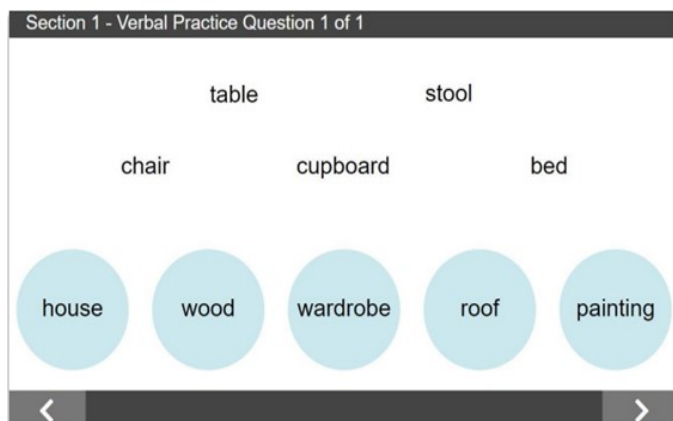
What will my child gain from Morrisby Profile?

- Gives students a fascinating insight into their inner strengths and abilities, preferences, motivations, and personality type
- Helps students make important decisions such as what subjects to take in VCE or what the next steps could be based on their preferences
- Provides students with careers suggestions best suited to their inner strengths and abilities plus advice on the routes to those careers and makes appropriate recommendations
- Offers access to over 600 career descriptions including videos, case studies and useful links
- All accounts include a 'login for life' which gives users the ability to develop and refresh their profile and seek support over time
- Students receive a detailed hardcopy report of their results and a 30-minute meeting with a Morrisby-trained Career Practitioner in May, who will explain the report to your child. If any parents would also like to attend this meeting please notify keg@highvalesc.vic.edu.au

What is involved in Morrisby assessments?

- The Morrisby profiling will be completed online at school on Wednesday 23rd March,
- **We ask all students to please bring their own charged devices to school this day.**
- Morrisby is a series of verbal, numerical, abstract, spatial and mechanical aptitude assessments
- Students also complete questionnaires on their interests, motivations, personality and work and learning styles
- Students will be given the chance to complete practice questions during Focus Group prior to completing the Morrisby Profiling to familiarise them with the style of the questions. However, **Morrisby is not a test and students do not need to study for it.**
- Here is a quick 5- minute background video on Morrisby [MorrisbyPromo2022](#)

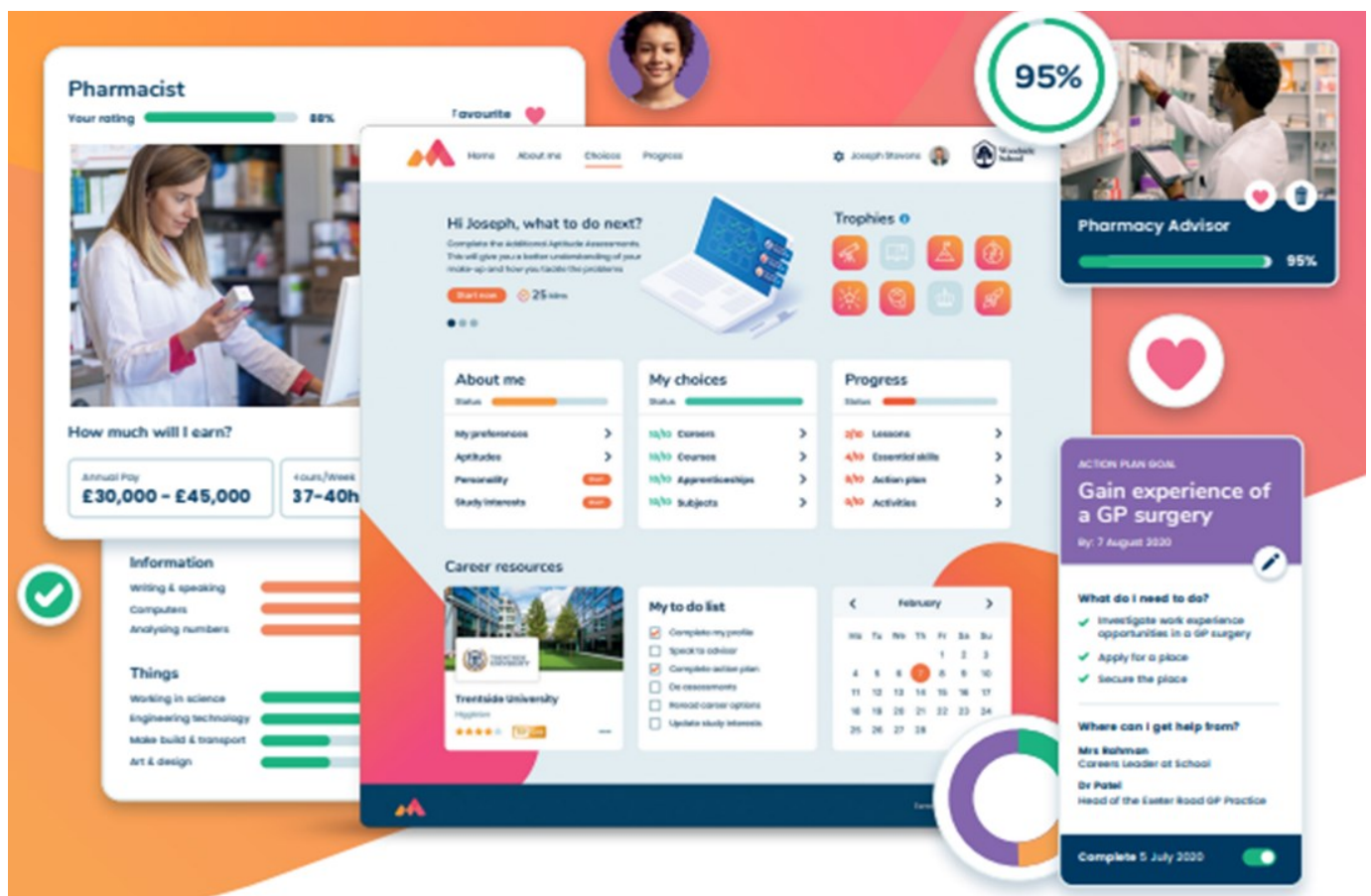
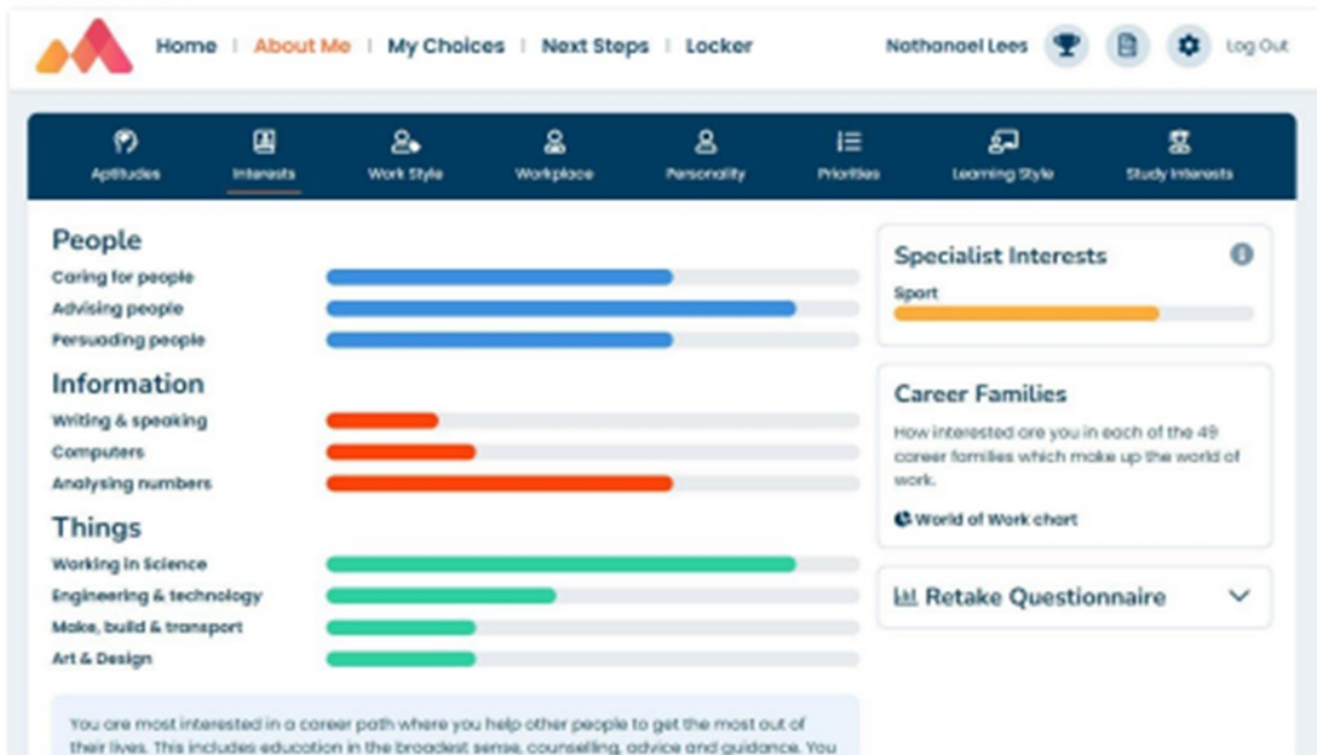
PRACTICE QUESTION EXAMPLES



Please consent for your child's participation via COMPASS events ASAP
If you have any questions about Morrisby please contact Mrs Egan or Mrs Batrouney

Profile Example

Interests Tab



FREE TUTORING FOR STUDENTS IN YEARS 10-12

MONDAY-THURSDAY/3.00-4.30PM/SENIOR STUDY CENTRE

MON		TUES		WED		THURS	
Sean L	Software development Accounting	Sienna P	Health PE	Asteria D	EAL Specialist Mathematics Accounting	Ananya M	Further Mathematics
Rayne S	Mathematics Methods Economics	Kiril R	Physics Biology	Amy C	Further Mathematics Health Psychology English	Roel T	English Language Legal
	Geography	Jasmine T	English language		Business management	Ahin K	Literature

English|science|H&PE|Humanities&Civics|Mathematics|Art/Language

Uniform Shop UPDATE



The uniform shop is currently open for appointments via bookings only. Click [here](#) to book.

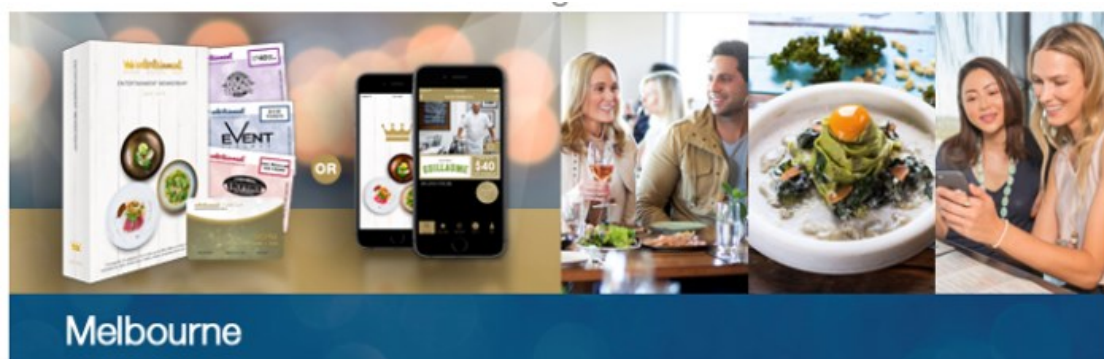
Alternatively you can download the uniform order form from the website and submit it via email to uniform@highvalesc.vic.edu.au for processing.

Year Level Coordinators

Please see the table below for a list of the 2022 Coordinators.

YEAR LEVEL COORDINATORS	
YEAR 7	Karnel AHMET
YEAR 8	Alexandra CLARKE
YEAR 7 & YEAR 8	Betty SINGH
YEAR 9	Philip BAUMGARTNER
YEAR 10	Jenny WARWICK
YEAR 11	Brian HURLEY
YEAR 12	Richard SHELLY
HEAD OF JUNIOR SCHOOL	Natalie VALENTINE
HEAD OF SENIOR SCHOOL	Carly WOO

ENTERTAINMENT BOOKS



The NEW Entertainment Memberships are here! The memberships start at just \$69.99 and you'll receive thousands of dollars worth of offers you can use for up to 2 years (depending on the package you purchase). You can get a digital membership by following this link

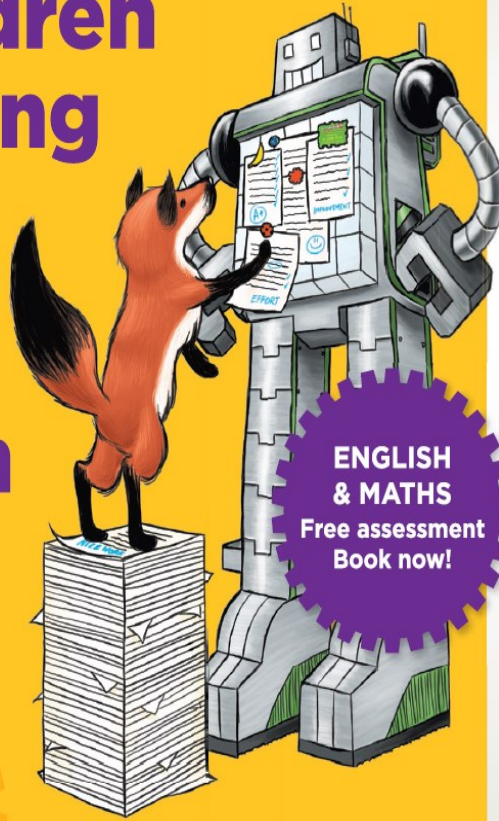
<https://au.entdigital.net/orderbooks/187h873> .

Can I still buy the Book?

The Entertainment Book's changed a bit. In fact, it's no longer a book at all. Instead, what was once the Entertainment Book is now an easy-to-use app that's updated every few minutes – instead of once a year. That means we can give you even more possibilities to discover, more experiences to unlock, and more rewards to share. You'll still get a full 12 months of membership (no matter when you sign up). You'll have the same great savings you've come to expect. And you'll be able to make the same

**Your children
are amazing
already.**

**We just
help them
prove it.**



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Glen Waverley Ph 9574 9964

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'nWords**

TUITION CONFIDENCE RESULTS

COMMUNITY NEWS



Protecting Children from Abuse: For Parents and Carer

保護孩子免受虐待 給家長和照顧者的資訊

Bảo vệ Trẻ em khỏi bị Ngược đãi: Dành cho Cha mẹ và Người chăm sóc

학대로부터 어린이 보호하기: 부모와 보호자를 위한 정보



Dear Parents

As adults we play a critical role in protection children from harm. The following link provides you detailed information.

For Easy English version, please click the following website,

https://www.education.vic.gov.au/Documents/about/programs/health/protect/EasyEnglish_SecondarySchool_FactSheet.pdf















For other languages, please click “Translated information” in the following website and select your language.

<https://www.education.vic.gov.au/parents/safety/Pages/child-protection.aspx> (Click here)

NOTE: This is only a screenshot of the translated section.

Translated information

[Protecting children from abuse](#)

-  [Arabic](#)
-  [Chinese – Simplified](#)
-  [Chinese – Traditional](#)
-  [Dari](#)
-  [Dinka](#)
-  [Karen](#)
-  [Khmer](#)
-  [Korean](#)
-  [Russian](#)
-  [Sinhalese](#)
-  [Somali](#)
-  [Tagalog](#)
-  [Turkish](#)
-  [Vietnamese](#)

Highvale Secondary College

"Making a difference"

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